



puttycise[®]

takes putty beyond flexionSM



Puttycise[®] tools can be pushed, pulled, or turned through putty to produce specified exercises. Changing the putty resistance will increase or decrease the difficulty level. The Puttycise[®] family consists of 5 tools which all function by inserting the tool base into a resistant putty.

- simulates functional activity
- teaches joint protection techniques
- easy to use, easy to teach



KNOB TURN

opening a door, tightening a jar, etc.

- 10-2810 Puttycise[®] knob turn Theraputty[™] tool
- 10-2811 Puttycise[®] L-bar Theraputty[™] tool
- 10-2812 Puttycise[®] peg turn Theraputty[™] tool
- 10-2813 Puttycise[®] key turn Theraputty[™] tool
- 10-2814 Puttycise[®] cap turn Theraputty[™] tool



L-BAR

pulling a vacuum, sweeping, using a hammer, etc.



PEG TURN

turning a bolt/nut, pushing a button, etc.



KEY TURN

turning a key, throwing a frisbee, etc.

- 10-2818 Puttycise[®] manual
- 10-2819 Puttycise[®] carry bag
- 10-2800 Puttycise[®] tool set, 5 pieces
- 10-2821 Puttycise[®] tool set w/carry bag & manual



CAP TURN

opening a bottle, turning on stove, etc.



color-coded resistance levels

- | | | | | | |
|----------|---------|-------|--------|-------|---------|
| tan | yellow | red | green | blue | black |
| xx-light | x-light | light | medium | heavy | x-heavy |

CanDo[®] Digi-Extend[®]

For rehabilitation of carpal tunnel, arthritis, stroke, fractures, tendon injuries, nerve lacerations, tennis elbow and more...

- isolate extension of all fingers and individual finger joints
- includes: 1 Digi-Extend, 5 tan, 4 yellow, 3 red, 2 green latex-free elastic bands, pamphlet



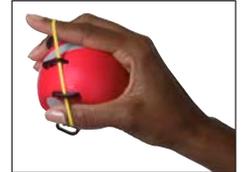
10-0775 CanDo[®] Digi-Extend[®]



CanDo[®] Digi-Extend n' Squeeze[®]

Provides complete reciprocal exercise program (flexion and extension)

- 5 color-coded balls and 4 color-coded extension bands



CanDo[®] Digi-Squeeze[®]

Develops isolated finger strength, flexibility and coordination

- 10-1980 Digi-Squeeze[®] x-light
- 10-1981 Digi-Squeeze[®] light
- 10-1982 Digi-Squeeze[®] medium
- 10-1983 Digi-Squeeze[®] heavy
- 10-1984 Digi-Squeeze[®] x-heavy
- 10-1985 Digi-Squeeze[®], 5 piece set
- 10-1986 Digi-Squeeze[®], 5 piece set with stand



- 10-2280 Digi-Extend n' Squeeze[®] x-light
- 10-2281 Digi-Extend n' Squeeze[®] light
- 10-2282 Digi-Extend n' Squeeze[®] medium
- 10-2283 Digi-Extend n' Squeeze[®] heavy
- 10-2284 Digi-Extend n' Squeeze[®] x-heavy
- 10-2285 Digi-Extend n' Squeeze[®], 5 piece set
- 10-2286 Digi-Extend n' Squeeze[®], 5 piece set with stand



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