

SHOWER90™ ARM SHOWER SLING

- Shower independently; Easy to use and adjust with one hand
- Provides comfortable support while recovering from injury
- Designed with a padded neck area
 for ultimate comfort
- Durable, all-purpose positioning aid for clinical or home use
- Lightweight and comfortable
- Bilateral design accommodates right or left arm





Available From:

FOR A BETTER SHOWER EXPERIENCE

The Shower90[™] Arm Sling is designed to support the arm and shoulder in the shower when recovering from injury or surgery, allowing the user to shower independently. This sling evenly distributes the weight of the arm to help reduce pressure points and prevent injury aggravation.

This sling holds the arm against the body while acting as a reminder to minimize movements, which may help relieve arm and shoulder pain. Ideal for broken or fractured bones, arm pain, rotator cuff injuries, subluxation, shoulder dislocation, sprains, strains, broken arm, fractured arm, rotator cuff injury, and more!

COMFORTABLE AND CONVENIENT

Convenient hook and loop closures allow for simple application, one-handed adjustments, and easy removal. The unique design of this sling allows the user to make a one-time adjustment for size; no need to fit each use. Constructed of a high-quality, durable nylon material, this strap is lightweight and water resistant. The middle section of the sling features a layer of soft and gentle, velvety polyester with a brushed finish for ultimate comfort around the neck and shoulders.

SPECIFICATIONS

Product Selection: Shower90™ Arm Shower Sling, OSFM ARM-6192		
Product Weight: 0.19 lbs		
Dimensions: 1" x 46"		
Materials: Nylon, polyester		

Case	Quantity:	6
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- Case Dimensions: 12" x 12" x 3"
- Case Weight: 2 lbs

Latex: This product is not made with natural rubber latex

Country of Origin: Made in USA

California Residents Only:

▲WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov



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INSTRUCTIONS FOR USE

Adjustments made with the help of a health care professional is recommended.

Step 1: With the apple Core logo facing outward, place injured arm through one of the two sling loops sliding it up your forearm near the elbow.

Step 2: Place the strap around the back of your neck, leading the second sling loop back down toward injured arm ensuring there are no twists in the strap.

Step 3: Place hand or wrist of the injured arm into second sling loop.

Step 4A/4B: If required, adjust the length of the sling loops using the fastener straps until the injured arm rests comfortably at a 90° angle.



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