

# Push Sports Thumb Brace

## Stabilizes skier's thumb, optimizes function

The Push Sports Thumb Brace protects skier's thumb and other MP (metacarpophalangeal) joint injuries, allowing athletes to continue playing.

- Figure of 8 non-elastic strap stabilizes MP joint while also providing a secure, adjustable abduction limitation.
- Contoured padded shell enhances MP joint stability and protects thumb during contact.
- Minimal palmar material optimizes hand function during sporting activities.
- Low-profile design is easily worn under a glove.
- Brace can be applied with one hand.



### The Secret is in the Strapping!

- Fasten the short thumb strap snugly around the thumb, making sure the end of the brace is at the IP joint crease; *do not pull the brace down on the thumb.*
- **IMPORTANT:** Pull and fasten elastic knit fabric base (at the single stitched blue line—see picture) to the brace area over the first metacarpal so the brace is snug around the hand.
- Wrap the long figure of 8 strap as far out on the thumb as possible.

### Indications

- Ligament injury to the thumb MP joint (skier's thumb, RCL injury or gamekeeper's thumb)
- Sprain/strain of the thumb
- Thumb instability



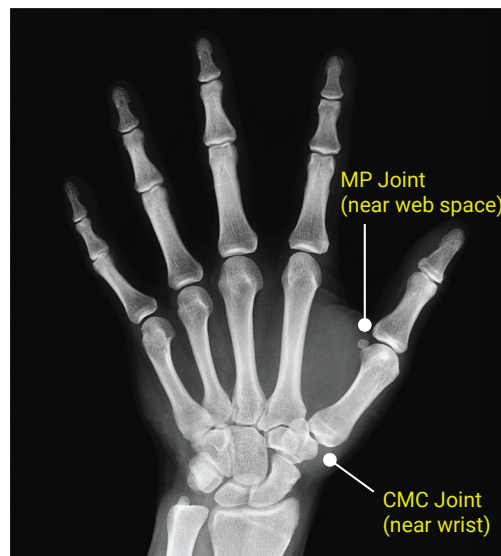
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## Is This the Right Brace for My Patient?

The metacarpophalangeal (MP / MCP) joint ligament is often injured while skiing or playing other sports. The **Push Sports Thumb Brace** is specifically designed to support this joint, providing protection during athletic activities—including contact sports.

The padded shell and elastic wrist band also provide a degree of comfort to injuries or osteoarthritis at the carpometacarpal (CMC) joint (near the wrist), leading many to ask if the **Push Sports Thumb Brace** can be used to support multiple thumb joints. Pathology specific to the CMC joint is best supported by the **Push® MetaGrip®** brace.



### Sizing

The **Push Sports Thumb Brace** is available in 3 sizes, for Right or Left hands. To determine the correct size, measure around the middle of the hand, below the knuckles.



### Ordering Push® Braces

- Order via website or phone with credit card
- Ask about our volume discounts, or how to establish purchase order/billing account

#### To help your patients order directly:

- Print them a copy of the **Patient Information Sheet** from the relevant product webpage
- Help them determine the correct size
- Let them know they must file their own insurance; BraceLab is unable to assist



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