



PERFORMANCE

Theragun Mini Plus

Enhance Recovery
Optimise Warm-Up
Relieve Soreness
Take Anywhere

Scientifically proven benefits

Theragun Mini Plus is the only travel-sized Theragun enhanced with heat, combining scientifically proven percussive massage with consistent, rapid heat up to 55°C to deliver benefits three times faster than percussive massage alone*. Compact and lightweight, it's designed for recovery on-the-go, helping you quickly optimize warm-ups, relieve tension and reduce soreness anytime, anywhere.

Key features

Targeted percussive massage enhanced with heat therapy for deeper, faster recovery on the go

Heated percussive Plus attachment delivers three consistent, science-backed levels of heat up to 55°C

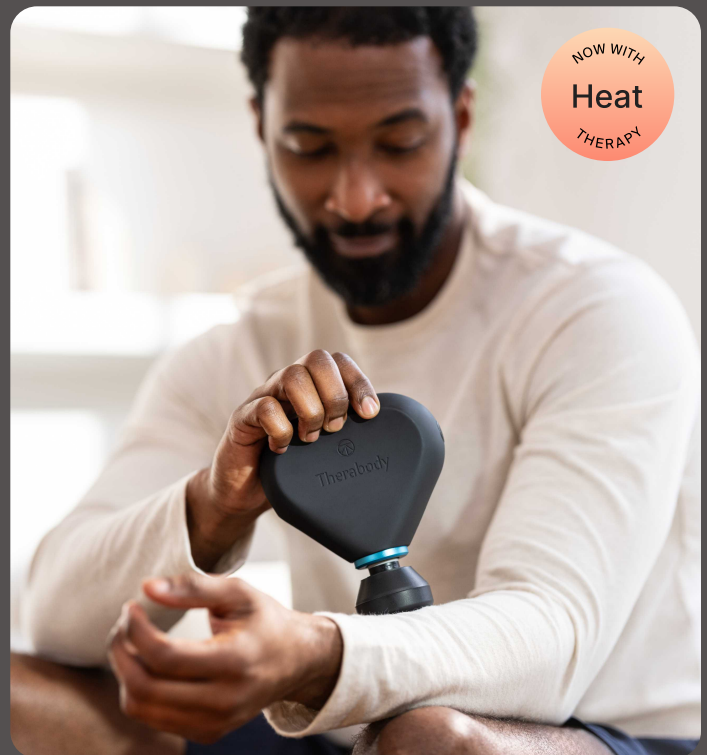
Compatible with all interchangeable Multi-Therapy Plus Attachments for the ability to add-on Cold Therapy, Vibration Therapy and more (sold separately)

Tailor your treatments with three heat levels and three massage speeds. Use each therapy individually or together, with the option to turn either therapy off

Rounded ergonomic grip with simple, two-button controls plus a travel lock for hassle-free transport

Quiet, adaptive motor maintains speed and power when pressure is applied to prevent stalling

Coach by Therabody, which is free in the Therabody app, creates personalised recovery plans based on your goals and activity data each day



Compact &
Effective Massage



Lightweight, Portable
On-the-Go Recovery



Heated
Percussive



Bluetooth
Connectivity

Disclaimer: *Analysis based on assessment of oxygenation, elasticity and temperature of the muscle by Therabody Labs, comparing Theragun with heat versus no heat, for 30 seconds.

€ 269
EUR