

WELLNESS

Theragun Sense 2ND GEN

Relieve Aches & Pains
Ease Soreness
Reduce Tension
Sleep Better

Scientifically proven benefits

Now more intuitive than ever, Theragun Sense (2nd generation) makes it easy to get the right treatment for total relaxation. Built-in guided routines show you exactly where to massage, for how long and with how much pressure right from the LCD screen. An enhanced display with simpler controls ensures the perfect treatment for your needs — whether you want a relaxing touch, moderate for built-up stress, or a deep tension release. Lightweight and whisper-quiet, it takes the guesswork out of at-home percussive therapy, delivering maximum relaxation with zero effort.

Key features

Relaxing 12mm percussive massage therapy to relieve daily aches, pains and stress

Choose from 4 preloaded guided routines for easy-to-follow treatments that show you exactly how to use your device

Personalize the selection of built-in routines with the ability to swap and save up to 5 from the Therabody app to your device

Enhanced display and simpler controls show live pressure feedback across 3 levels and adjust speed across 5 levels

Quiet, adaptive motor maintains speed and power when pressure is applied to prevent stalling

2 versatile attachments for full-body recovery across muscles of all sizes and sensitivities

Patented ergonomic grip provides comfortable reach, making treatments easier on your hands and wrists

Coach by Therabody, free in the Therabody app, creates personalized recovery plans based on your goals and activity data each day



Relaxing
Massage



Dampener
Attachment



Standard Ball
Attachment



Bluetooth
Connectivity

FDA-Registered

HSA/FSA Eligible

\$299.99
USD

\$399.99
CAD