

# APEX CERVICAL ORTHOSIS™ PREMIUM



TRC-4993: Premium

### TRC-4992: Premium with Heat

- Helps alleviate headaches and neck pain
- Wedge extension comfortably supports upper thoracic spine
- Helps restore the natural curve of the neck
- Promotes recovery from whiplash injury
- Ideal for patients with tech neck or military neck
- Counteracts forward head posture

#### Premium with Heat version helps relax neck muscles



Available From:

**PROMOTES SPINAL HEALTH** So many daily activities affect our posture, placing the head and neck in a detrimental forward head position. This can be attributed to looking down at handheld devices, sleeping with the head elevated excessively, poor posture, or an acute injury such as whiplash. Using the Apex Premium, under the direction of a health care professional, counteracts forward head posture to help relieve headaches and neck pain associated with whiplash injury, tech neck, and other neck injuries.

The contoured shape with wedge extension provides firm support to place the neck in a proper position to help reestablish a diminished cervical curve as a result of forward head posture. The unique wedge extension provides support to the upper thoracic spine for comfort and also allows the shoulders to drop, stretching the chest and neck muscles. Opening the chest in this manner promotes breathing and facilitates relaxation.

The Apex Cervical Orthosis Premium is an effective tool to assist the health care professional in restoring a patient's proper cervical lordosis; use daily under the supervision of a health care professional. Latex free; made in USA.

**PREMIUM WITH HEAT** Moist Heat Therapy: The MicroBeads® Moist Heat Pack sits in a channel at the apex of the wedge, providing targeted moist heat therapy to the cervical tissue. Studies indicate increasing the temperature of the tissue to be stretched improves elasticity of muscles and ligaments, extending range of motion. [1] [2]

Made with a plush fabric cover, the MicroBeads Moist Heat Pack is soft to the touch and gentle on the skin. The microbeads adsorb moisture from the air and release it when heated. Simply warm the drug free, scent free pack in the microwave; the pack will maintain therapeutic temperature for 20 minutes. MicroBeads do not support the growth of bacteria or contain common allergens like herbal or grain based packs. Reusable.

<sup>1</sup>Jerrold Scott Petrofsky, Michael Laymon, Haneul Lee Med Sci Monit. 2013; 19: 661–667. Published online 2013 Aug 12. doi: 10. 12659/MSM.889145



<sup>2</sup>LaBan, M., "Collagen Tissue: Implications of its Response to Stress in Vitro", Archives of Physical medicine and Rehabilitation, 1962

## SPECIFICATIONS

**Product Selection:** Apex Cervical Orthosis<sup>™</sup> Premium: TRC-4993, With Heat: TRC-4992

Product Weight: TRC-4993: .25 lb, TRC-4992: .85 lb

**Dimensions:** TRC-4993: 10" x 7.375" x 4.625", TRC-4992: 10" x 7.375" x 4.25"

#### Case Quantity: 18

Case Weight: TRC-4993: 7 lbs, TRC-4992: 17 lbs Case Dimensions: 15" x 14" x 23" Materials: TRC-4993: Polyurethane foam TRC-4992: Polyethylene foam, polyester, silica beads

Latex: This product is not made with natural rubber latex.

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