

## SMART Rope Caddy™

The Smart Rope Caddy features selfguided exercises printed directly on the caddy for easy reference. It is wall-mounted to easily keep the lengthy rope organized and off the floor as well as provides the anchor point for the rope during exercises.



## SMART BATTLING ROPE CADDY PACKAGE INCLUDES:

(1) Wall-mounted Caddy(1) 30ft x 1.5in diameter Battling Rope





	SKU
Smart Rope Caddy (Caddy Only)	400-205-200
Smart Rope Caddy Self-Guided Commercial Package, 30ft Rope	400-205-210

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The Battling Rope combines high intensity and low impact movements with a full range of motion workout. Rope training was recently voted by Men's Health magazine as the best cardio workout.

- Durable 20/80 (Poly/Danline) blend that prevents fraying while still being flexible
- Battling Ropes help build stamina, gain lean muscle mass, burn fat and strengthen core muscles
- · Available in black with 1.5in diameter



The unique, saddle-shaped anchor provides a smooth path for your rope to minimize wear and tear on the rope during exercises.

	SKU
Conditioning Rope, 30ft, 1.5" Diameter	400-205-110
Conditioning Rope, 40ft, 1.5" Diameter	400-205-111

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