

WHAT CAN THE BOOST 2 DO FOR YOU?

REDUCED IMPACT ON MUSCLES & JOINTS

Negative pressure environment allows the individual to exercise without risking further damage to their bodies, which can speed up recovery time.

INCREASED RANGE OF MOTION

By reducing the impact on muscles and joints, individuals can regain range of motion quicker. The Boost 2 provides a safe and supportive structure to be able to focus on having proper form during range of motion without overcompensating or falling.



IMPROVED CARDIOVASCULAR FITNESS

Because the reduced impact on joints and muscles allows patients to exercise for longer periods, they can increase their cardiovascular endurance without risking injury.

BETTER BALANCE & COORDINATION

Individuals can focus more on their movements and form while in the Boost 2, allowing them to improve their balance and coordination. This is helpful for patients recovering from an injury that affects those things, or athletes who are working on those mechanics.