

THERAPEUTICA® PILLOW ORTHOPEDIC SLEEPING PILLOW

- A firm orthopedic pillow to help relieve headaches and neck pain
- Helps restore the natural curve of the neck by providing proper cervical alignment
- Provides optimal support for back and side sleeping
- Contoured headrest and wedge extension keep head and neck level
- Airflow channels keep you cool and comfortable while sleeping

Therapeutica
by **Core Products**
INTERNATIONAL, INC.



ON YOUR BACK

The wedge extension provides extra support to the neck, shoulders, and upper spine for back sleeping, while the firm cervical contour promotes proper posture.

ON YOUR SIDE

The two side sleeping surfaces feature airflow channels that allow air to circulate more freely, which prevents heat build-up

Available From:



HELPS RESTORE THE NATURAL CURVE OF THE NECK

The Therapeutica Sleeping Pillow was developed by an ergonomic designer, along with a doctor of chiropractic, to assist in restoring the natural curve of the neck. The unique molded foam contours to the neck and provides a firm foundation when sleeping on the back or side for a comfortable night sleep. This pillow helps alleviate headaches, tension, and neck pain by providing proper alignment of the neck while sleeping, and is commonly used to help treat a variety of conditions affecting the neck and shoulders.

NECK AND SHOULDER SUPPORT

For back sleeping, the wedge extension offers additional support to the neck, shoulders, and upper spine. The firm cervical contour supports the neck and promotes proper cervical posture. The contoured headrest gently cradles the head and features airflow channels to help keep you cool and comfortable while sleeping. The combination of the cervical contour and headrest keeps the head level to help relieve pressure on the sinuses, which may reduce snoring. The two side sleeping surfaces feature airflow channels that allow air to circulate more freely, which prevents heat build-up. Featuring jaw relief channels to reduce pressure on the jaw, this pillow helps relieve pain and discomfort in the jaw, neck, shoulders, and surrounding muscles.

RESILIENT MOLDED FOAM

Made with a unique molded foam that is nontoxic, nonallergenic, and highly resilient, the Therapeutica Sleeping Pillow provides a firm foundation while remaining soft to the touch. Supportive and firm, this pillow provides optimal support for your head and neck. Unlike memory foam, this high quality, resilient molded foam will maintain its shape for years of use and support. This pillow includes a luxurious zip-open quilted cover that is soft and comfortable against the skin, and can be easily removed for washing.

SPECIFICATIONS

Product Selection: Therapeutica® Orthopedic Sleeping Pillow, White
FOM-130 Standard (Firm), PET-1XL
Fom-133 Lite (Less Firm), PET-LRG

Product Weight: Petite: 3 lbs |
Average: 4 lbs | Large & XLarge: 5 lbs

Dimensions:
Petite: 23.5" x 10.75" x 4.75"
Average: 24.75" x 11" x 5.25"
Large: 25.75" x 11" x 6.25"
XLarge: 26.5" x 11.5" x 7"

Materials: Polyurethane foam
Cover: 90% polyester/10% rayon

Case Quantity: Petite, Average, Large: 6
XLarge: 3

Case Dimensions:
Petite, Average, Large: 22.5" x 21.5" x 17.25"
XLarge: 24" x 18" x 14"

Case Weight: Petite: 21 lbs | Average: 23
lbs | Large: 27 lbs | XLarge: 17 lbs

Latex: This product is not made with
natural rubber latex

Country of Origin: Made in Canada

California Residents Only:
⚠️ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov

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HOW TO MEASURE

To properly measure yourself for our Therapeutica Sleeping Pillows, use a ruler to take shoulder measurements.

Pillow Size	Shoulder Length
Petite	41/4" - 51/4"
Average	51/4" - 61/4"
Large	61/4" - 71/4"
Extra Large	71/4" +

Hold the ruler level and measure from the base of the neck to the outside tip of the bony prominence at the shoulder.

NOTE: Ignore any muscle mass beyond the bony prominence. Choose one size smaller if you measure between two sizes or sleep on a soft surface such as memory foam or pillow-top mattress.



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SIZING IS IMPORTANT

Ordering the correct size Therapeutica Pillow is key to helping improve your sleeping posture. IMPORTANT: The product size for this item does not correlate with your clothing size.

PRODUCT SELECTION

Standard (Firm):

Petite: FOM-130-PET
Average: FOM-130-AVG
Large: FOM-130-LRG
*XLarge: FOM-130-IXL

LITE (Less Firm):

Petite: FOM-133-PET
Average: FOM-133-AVG
Large: FOM-133-LRG

*XLarge is only available in the Standard (Firm) option.

Our Therapeutica® Pillow is also available in a Travel size option! (See SKU FOM-131)

